



**APPENDIX No. 1** – Lump sum for living and accommodation costs, travel costs and scholarships – in accordance with the rates specified in the NAWA Beneficiary Manual (tables in points 6.9.14 and 6.9.15).

**1. Lump sum allowance for living and accommodation costs<sup>1</sup>**

	Group of countries	Countries	Daily rate in PLN	Monthly rate in PLN
AND.	Countries with lower costs of living and accommodation	Bosnia and Herzegovina, Brazil, Bulgaria, Egypt, Georgia, India, Lithuania, Latvia, Morocco, Moldova, Poland, Romania, Turkey, Ukraine, Vietnam and other countries of the world.	<b>300</b>	4000
II.	Countries with average costs of living and accommodation	Andorra, Austria, Azerbaijan, Belgium, Croatia, Czech Republic, Cyprus, France, Greece, Indonesia, Jordan, Kazakhstan, Kyrgyzstan, North Macedonia, Germany, Malta, Netherlands, Portugal and Spain, Monaco, Vatican City State, San Marino, Serbia, Slovakia, Slovenia, Thailand, Hungary, Italy, Uzbekistan,	<b>400</b>	6000
III.	Countries with higher costs of living and accommodation	Saudi Arabia, Australia, Bahrain, Brunei, China, Denmark, Estonia, Finland, Iceland, Ireland, Hong Kong, Japan, Canada, Qatar, South Korea, North Korea, Kuwait, Liechtenstein, Luxembourg, Macau, Mexico, Norway, New Zealand, Oman, Singapore, Sweden, Switzerland, Taiwan, Faroe Islands, United Kingdom, United Arab Emirates	<b>500</b>	8000
IV.	Countries with the highest costs of living and accommodation	United States of America, Israel,	<b>700</b>	12000

<sup>1</sup>Beneficiary's Manual for Institutional Programmes of the National Agency for Academic Exchange p. 85

## 2. Lump sums for travel costs in the event of mobility from or to Poland<sup>2</sup>

Country	Rate
Belarus, Lithuania	<b>1000</b>
Austria, Bosnia and Herzegovina, Croatia, Czech Republic, Denmark, Estonia, Finland, Latvia, Moldova, Germany, Romania, Serbia, Slovakia, Slovenia, Sweden, Ukraine, Hungary	<b>1500</b>
Albania, Andorra, Belgium, Bulgaria, Montenegro, France, Greece, Netherlands, Ireland, Kosovo, Liechtenstein, Luxembourg, Macedonia, Malta, Monaco, Norway, Russia, San Marino, Switzerland, Tunisia, Turkey, Vatican City, United Kingdom, Italy, Faroe Islands	<b>2000</b>
Algeria, Saudi Arabia, Armenia, Azerbaijan, Bahrain, Cyprus, Egypt, Georgia, Spain, Iraq, Iran, Iceland, Israel, Jordan, Qatar, Kazakhstan, Kuwait, Lebanon, Libya, Morocco, Palestine, Portugal, Syria, Tajikistan, Turkmenistan, Uzbekistan	<b>3000</b>
Afghanistan, Benin, Bhutan, Burkina Faso, Burundi, Chad, Democratic Republic of the Congo, Djibouti, Eritrea, Ethiopia, Gabon, Gambia, Ghana, Guinea, Guinea-Bissau, Equatorial Guinea, India, Yemen, Cameroon, Congo, Kenya, Kyrgyzstan, Liberia, Mali, Mauritania, Mongolia, Nepal, Niger, Nigeria, Oman, Pakistan, Central African Republic, Cape Verde, Rwanda, Senegal, Sierra Leone, Somalia, Sudan, South Sudan, Togo, Uganda, Ivory Coast, São Tomé and Príncipe, United Arab Emirates	<b>4500</b>
Angola, Antigua and Barbuda, Argentina, Australia, Bahamas, Bangladesh, Barbados, Belize, Bolivia, Botswana, Brazil, Brunei, Chile, China, Dominica, Dominican Republic, Ecuador, Eswatini, Fiji, Grenada, Guatemala, Guyana, Haiti, Honduras, Hong Kong, Indonesia, Jamaica, Japan, Cambodia, Canada, Kiribati, Colombia, Comoros, South Korea, North Korea, Costa Rica, Cuba, Laos, Lesotho, Madagascar, Macau, Malawi, Maldives, Malaysia, Mauritius, Mexico, Micronesia, Myanmar, Mozambique, Namibia, Nauru, Nicaragua, New Zealand, Palau, Panama, Papua New Guinea, Paraguay, Peru, South Africa, Saint Kitts Nevis, Saint Lucia, Saint Vincent and the Grenadines, Grenadines, El Salvador, Samoa, Seychelles, Singapore, Sri Lanka, United States, Suriname, Thailand, Taiwan, Tanzania, Tonga, Trinidad and Tobago, Tuvalu, Uruguay, Vanuatu, Venezuela, Vietnam, Solomon Islands, Marshall Islands, Zambia, Zimbabwe	<b>6500</b>

<sup>2</sup>Beneficiary's Manual for Institutional Programmes of the National Agency for Academic Exchange p. 86



European Funds  
for Social Development



Republic  
of Poland

Co-funded by the  
European Union



3. **Scholarships** for Participants/Project checks paid in accordance with the rates indicated below <sup>3</sup>:

Category of eligible persons	Daily rate in PLN
Student	<b>75</b>
Employee/PhD student	<b>125</b>
A person with at least a doctoral degree or an equivalent degree obtained abroad	<b>250</b>

---

<sup>3</sup> [https://nawa.gov.pl/images/2025/PROM-2025/2025-03-18\\_Ogloszenie\\_PROM.pdf](https://nawa.gov.pl/images/2025/PROM-2025/2025-03-18_Ogloszenie_PROM.pdf)